



Bicycle Safety

1

Remind your child to wear a **properly fitted helmet** when biking, skateboarding, riding a scooter or inline/roller skating.

2

Check equipment. Make sure your child's bike is the appropriate size and works perfectly.

3

Teach your kids the **rules of the road**. Make sure they know proper hand signals, understand traffic signs and signals.

4

Be sure your kids are seen while riding. Wearing bright colors, using lights, and wearing reflectors will help them be seen.

5

Teach children under 10 to **ride on the sidewalk when allowed. If not, ride in the same direction as traffic** as far on the right-hand side as possible.

